https://ohbabynames.com/all-baby-names/sharon/

Etymology & Historical Origin of the Baby Name Sharon

Sharon is borne from the Hebrew Bible and Old Testament as a place name mentioned in the Song of Solomon 2:1, "I am the rose of Sharon and the lily of the valleys." It comes from the Hebrew שָׁרוֹן (Sharon) meaning "plain" indicating the fertile plain near the coast of Israel. Several flowering plants are referred to as the "Rose of Sharon", most notably the beautiful yellow flowers of the genus Hypericum or the lovely pinkish Hibiscus. Sharon began as a unisex name dating back to the 18th century but by the 20th century became exclusively female.

https://www.thebump.com/b/sharon-baby-name

Sharon as a girl's name is of Hebrew origin meaning "a fertile plain". In the Bible, Sharon refers to flat land at the foot of Mount Carmel. The Song of Solomon describes the beloved Shulamite (What does Shulamite mean in Hebrew? The Shulamite - from Hebrew Shulamite, "woman of Jerusalem" is the central figure in the Song of Solomon (also called Song of Songs or Canticles) and one of the most positive representations of young womanhood in the Hebrew Bible. woman as a flower of Sharon. "I am black, but comely, O ye daughters of Jerusalem, as the tents of Kedar, as the curtains of Solomon. Look not upon me, because I am black, because the sun hath looked upon me: my mother's children were angry with me; they made me the keeper of the vineyards; but mine own vineyard have I not kept. Song of Solomon 1:5-6) woman as a flower of Sharon.